

4 - 3ª jornada, 1ª sesión

19/01/2025

Prueba 38
19/01/2025

Masc., 400m Libre

Absoluto masculino
Resultados

Puntos: AQUA 2024

Clasificación				AN						Tiempo		Pts	RT
Alevín masculino													
1.	GONZALEZ NEGRIN, Ares			12	Teneteide						4:27.34	557	+0,71
	MMR												
	50m:	29.21	29.21	150m:	1:36.28	33.68	250m:	2:45.56	34.71	350m:	3:55.05	34.33	
	100m:	1:02.60	33.39	200m:	2:10.85	34.57	300m:	3:20.72	35.16	400m:	4:27.34	32.29	
2.	RAMOS SUÁREZ, Aythami			12	Teneteide						4:56.35	409	+0,75
	50m:	31.78	31.78	150m:	1:46.84	38.14	250m:	3:04.24	38.48	350m:	4:20.69	37.72	
	100m:	1:08.70	36.92	200m:	2:25.76	38.92	300m:	3:42.97	38.73	400m:	4:56.35	35.66	
3.	CASTAÑEDA QUINTERO, Juan			12	Martianez						5:16.74	335	+0,87
	50m:	35.63	35.63	150m:	1:54.59	40.09	250m:	3:15.78	40.72	350m:	4:37.66	40.63	
	100m:	1:14.50	38.87	200m:	2:35.06	40.47	300m:	3:57.03	41.25	400m:	5:16.74	39.08	
4.	RAMIREZ DOMINGUEZ, Víctor			12	Metropole						5:18.14	330	+0,88
	50m:	34.74	34.74	150m:	1:54.09	40.31	250m:	3:15.35	40.29	350m:	4:38.26	41.29	
	100m:	1:13.78	39.04	200m:	2:35.06	40.97	300m:	3:56.97	41.62	400m:	5:18.14	39.88	
5.	DÍAZ EXPÓSITO, Alejandro			12	Teneteide						5:20.40	324	+0,81
	50m:	34.09	34.09	150m:	1:54.01	40.28	250m:	3:16.35	40.69	350m:	4:39.57	41.19	
	100m:	1:13.73	39.64	200m:	2:35.66	41.65	300m:	3:58.38	42.03	400m:	5:20.40	40.83	
6.	RAVELO CABALLERO, Sergio			12	C.N.L.P.						5:29.52	297	+0,78
	50m:	35.59	35.59	150m:	2:01.02	43.01	250m:	3:25.91	41.81	350m:	4:49.93	42.37	
	100m:	1:18.01	42.42	200m:	2:44.10	43.08	300m:	4:07.56	41.65	400m:	5:29.52	39.59	
7.	SANCHEZ RODRIGUEZ, Adrián			12	Nonadamos						5:31.20	293	+0,76
	50m:	37.27	37.27	150m:	2:02.45	42.97	250m:	3:27.04	41.48	350m:	4:50.97	42.31	
	100m:	1:19.48	42.21	200m:	2:45.56	43.11	300m:	4:08.66	41.62	400m:	5:31.20	40.23	
8.	VEGA RODRÍGUEZ, Alejandro			13	Dominicas						5:33.30	287	+0,74
	50m:	37.81	37.81	150m:	2:03.59	42.83	250m:	3:28.08	41.28	350m:	4:53.83	42.93	
	100m:	1:20.76	42.95	200m:	2:46.80	43.21	300m:	4:10.90	42.82	400m:	5:33.30	39.47	
Infantil Masculino													
1.	FUENTES MONTES, Pablo			10	C.N.L.P.						4:24.18	578	+0,72
	50m:	29.44	29.44	150m:	1:35.68	33.33	250m:	2:43.29	33.71	350m:	3:51.02	33.63	
	100m:	1:02.35	32.91	200m:	2:09.58	33.90	300m:	3:17.39	34.10	400m:	4:24.18	33.16	
2.	COCERA CORDON, Unai			11	Metropole						4:28.47	550	+0,80
	50m:	29.55	29.55	150m:	1:35.96	34.00	250m:	2:46.28	35.17	350m:	3:56.25	35.05	
	100m:	1:01.96	32.41	200m:	2:11.11	35.15	300m:	3:21.20	34.92	400m:	4:28.47	32.22	
3.	IZAGUIRRE NESSI, Anthony Xavier			11	Bentacu						4:34.92	512	+0,77
	50m:	31.18	31.18	150m:	1:40.22	35.18	250m:	2:50.65	35.25	350m:	4:01.90	35.14	
	100m:	1:05.04	33.86	200m:	2:15.40	35.18	300m:	3:26.76	36.11	400m:	4:34.92	33.02	

Prueba 38, Masc., 400m Libre, Infantil Masculino

Clasificación	AN								Tiempo	Pts	RT
4. PADRON MIGUELEZ, Nicolas Emiliano	11	Nadamas							4:35.05	512	+0,71
50m:	30.65	30.65	150m:	1:39.40	34.98	250m:	2:49.94	35.17	350m:	4:00.51	35.29
100m:	1:04.42	33.77	200m:	2:14.77	35.37	300m:	3:25.22	35.28	400m:	4:35.05	34.54
5. NONATO ALVAREZ, Pablo	10	Teneteide							4:39.10	490	+0,82
50m:	30.42	30.42	150m:	1:40.00	35.52	250m:	2:51.82	36.13	350m:	4:04.67	36.36
100m:	1:04.48	34.06	200m:	2:15.69	35.69	300m:	3:28.31	36.49	400m:	4:39.10	34.43
6. BORGIS, Rons	10	Teneteide							4:40.91	480	+1,48
50m:	31.84	31.84	150m:	1:42.39	35.84	250m:	2:54.88	35.80	350m:	4:06.58	35.68
100m:	1:06.55	34.71	200m:	2:19.08	36.69	300m:	3:30.90	36.02	400m:	4:40.91	34.33
7. ESPÍRITU ONOZA, Zivon Owen	11	Bentacu							4:44.26	464	+0,62
50m:	30.08	30.08	150m:	1:40.19	35.58	250m:	2:53.11	36.30	350m:	4:07.72	37.30
100m:	1:04.61	34.53	200m:	2:16.81	36.62	300m:	3:30.42	37.31	400m:	4:44.26	36.54
8. DÍAZ PÉREZ, Arión	10	C.N.L.P.							4:45.63	457	+0,86
50m:	30.81	30.81	150m:	1:41.66	36.04	250m:	2:55.42	36.81	350m:	4:10.14	37.22
100m:	1:05.62	34.81	200m:	2:18.61	36.95	300m:	3:32.92	37.50	400m:	4:45.63	35.49

Junior Masculino

1. DE ARMAS DELGADO, Juan Jose	07	Nadamas							4:09.88	683	+0,68
50m:	28.56	28.56	150m:	1:31.35	31.72	250m:	2:35.47	31.97	350m:	3:39.99	31.89
100m:	59.63	31.07	200m:	2:03.50	32.15	300m:	3:08.10	32.63	400m:	4:09.88	29.89
2. CABRILLO SANCHEZ, Norberto	07	C.N.L.P.							4:18.06	620	+0,70
50m:	28.59	28.59	150m:	1:31.53	31.87	250m:	2:36.84	32.85	350m:	3:44.57	34.07
100m:	59.66	31.07	200m:	2:03.99	32.46	300m:	3:10.50	33.66	400m:	4:18.06	33.49
3. QUILES PEÑATE, Jose Antonio	09	Metropole							4:18.42	617	+0,77
50m:	28.60	28.60	150m:	1:34.18	33.41	250m:	2:41.00	33.54	350m:	3:48.32	33.61
100m:	1:00.77	32.17	200m:	2:07.46	33.28	300m:	3:14.71	33.71	400m:	4:18.42	30.10
4. COLODRERO MUÑOZ, Ivan	09	Esna Lzt							4:19.42	610	+0,76
50m:	29.10	29.10	150m:	1:32.12	32.13	250m:	2:38.60	33.57	350m:	3:46.54	34.22
100m:	59.99	30.89	200m:	2:05.03	32.91	300m:	3:12.32	33.72	400m:	4:19.42	32.88
5. PADRON MIGUELEZ, Matias	08	Nadamas							4:21.97	592	+0,62
50m:	29.10	29.10	150m:	1:34.66	33.34	250m:	2:41.87	33.61	350m:	3:50.01	33.97
100m:	1:01.32	32.22	200m:	2:08.26	33.60	300m:	3:16.04	34.17	400m:	4:21.97	31.96
6. RAMIREZ MIRANDA, Marco	08	C.N.L.P.							4:22.24	590	+0,85
50m:	29.05	29.05	150m:	1:34.17	32.74	250m:	2:41.38	33.63	350m:	3:49.46	34.01
100m:	1:01.43	32.38	200m:	2:07.75	33.58	300m:	3:15.45	34.07	400m:	4:22.24	32.78
7. RODRIGUEZ DIAZ, Javier	08	Teneteide							4:23.36	583	+0,58
50m:	29.26	29.26	150m:	1:34.83	33.30	250m:	2:42.02	33.38	350m:	3:50.67	34.18
100m:	1:01.53	32.27	200m:	2:08.64	33.81	300m:	3:16.49	34.47	400m:	4:23.36	32.69
8. DUQUE BROUARD, Daniel	08	Dominicas							4:24.27	577	+0,79
50m:	28.69	28.69	150m:	1:34.30	33.51	250m:	2:42.15	34.27	350m:	3:51.35	34.88
100m:	1:00.79	32.10	200m:	2:07.88	33.58	300m:	3:16.47	34.32	400m:	4:24.27	32.92

Prueba 38, Masc., 400m Libre, Junior Masculino

Clasificación	AN										Tiempo	Pts	RT
9.	FERNANDEZ ALPERI, Herminio				08	Nadamas					4:24.45	576	+0,75
	50m:	29.32	29.32	150m:	1:35.69	33.82	250m:	2:44.27	34.50	350m:	3:52.79	33.87	
	100m:	1:01.87	32.55	200m:	2:09.77	34.08	300m:	3:18.92	34.65	400m:	4:24.45	31.66	
10.	CAPLLONCH DE UÑA, Ismael				07	Náutico TF					4:32.67	525	+0,76
	50m:	28.99	28.99	150m:	1:33.14	32.51	250m:	2:41.70	34.78	350m:	3:55.91	37.35	
	100m:	1:00.63	31.64	200m:	2:06.92	33.78	300m:	3:18.56	36.86	400m:	4:32.67	36.76	

Absoluto masculino

1.	COCERA CORDON, Yare	05	Metropole							4:09.07	689	+0,74
	50m: 28.25 28.25	150m: 1:31.00	31.72 250m: 2:34.96	32.01	350m: 3:38.81	31.73						
	100m: 59.28 31.03	200m: 2:02.95	31.95 300m: 3:07.08	32.12	400m: 4:09.07	30.26						
2.	DE ARMAS DELGADO, Juan Jose	07	Nadamas							4:09.88	683	+0,68
	50m: 28.56 28.56	150m: 1:31.35	31.72 250m: 2:35.47	31.97	350m: 3:39.99	31.89						
	100m: 59.63 31.07	200m: 2:03.50	32.15 300m: 3:08.10	32.63	400m: 4:09.88	29.89						
3.	LOURENÇO FERREIRA, Gustavo	06	Nadamas							4:13.02	657	+0,71
	50m: 28.25 28.25	150m: 1:31.47	32.03 250m: 2:36.36	32.56	350m: 3:41.70	32.65						
	100m: 59.44 31.19	200m: 2:03.80	32.33 300m: 3:09.05	32.69	400m: 4:13.02	31.32						
4.	CABRILLO SANCHEZ, Norberto	07	C.N.L.P.							4:18.06	620	+0,70
	50m: 28.59 28.59	150m: 1:31.53	31.87 250m: 2:36.84	32.85	350m: 3:44.57	34.07						
	100m: 59.66 31.07	200m: 2:03.99	32.46 300m: 3:10.50	33.66	400m: 4:18.06	33.49						
5.	QUILES PEÑATE, Jose Antonio	09	Metropole							4:18.42	617	+0,77
	50m: 28.60 28.60	150m: 1:34.18	33.41 250m: 2:41.00	33.54	350m: 3:48.32	33.61						
	100m: 1:00.77 32.17	200m: 2:07.46	33.28 300m: 3:14.71	33.71	400m: 4:18.42	30.10						
6.	COLODRERO MUÑOZ, Ivan	09	Esna Lzt							4:19.42	610	+0,76
	50m: 29.10 29.10	150m: 1:32.12	32.13 250m: 2:38.60	33.57	350m: 3:46.54	34.22						
	100m: 59.99 30.89	200m: 2:05.03	32.91 300m: 3:12.32	33.72	400m: 4:19.42	32.88						
7.	CABRERA WINTER, Álvaro	01	C. Telde							4:21.96	592	+0,84
	50m: 29.76 29.76	150m: 1:34.96	32.94 250m: 2:40.95	33.10	350m: 3:48.80	33.86						
	100m: 1:02.02 32.26	200m: 2:07.85	32.89 300m: 3:14.94	33.99	400m: 4:21.96	33.16						
8.	PADRON MIGUELEZ, Matias	08	Nadamas							4:21.97	592	+0,62
	50m: 29.10 29.10	150m: 1:34.66	33.34 250m: 2:41.87	33.61	350m: 3:50.01	33.97						
	100m: 1:01.32 32.22	200m: 2:08.26	33.60 300m: 3:16.04	34.17	400m: 4:21.97	31.96						
9.	RAMIREZ MIRANDA, Marco	08	C.N.L.P.							4:22.24	590	+0,85
	50m: 29.05 29.05	150m: 1:34.17	32.74 250m: 2:41.38	33.63	350m: 3:49.46	34.01						
	100m: 1:01.43 32.38	200m: 2:07.75	33.58 300m: 3:15.45	34.07	400m: 4:22.24	32.78						
10.	RODRIGUEZ DIAZ, Javier	08	Teneteide							4:23.36	583	+0,58
	50m: 29.26 29.26	150m: 1:34.83	33.30 250m: 2:42.02	33.38	350m: 3:50.67	34.18						
	100m: 1:01.53 32.27	200m: 2:08.64	33.81 300m: 3:16.49	34.47	400m: 4:23.36	32.69						
11.	FUENTES MONTES, Pablo	10	C.N.L.P.							4:24.18	578	+0,72
	50m: 29.44 29.44	150m: 1:35.68	33.33 250m: 2:43.29	33.71	350m: 3:51.02	33.63						
	100m: 1:02.35 32.91	200m: 2:09.58	33.90 300m: 3:17.39	34.10	400m: 4:24.18	33.16						

Prueba 38, Masc., 400m Libre, Absoluto masculino

Clasificación	AN				Tiempo				Pts	RT
12. DUQUE BROUARD, Daniel	08	Dominicas			4:24.27	577	+0,79			
50m: 28.69 28.69 150m: 1:34.30 33.51 250m: 2:42.15 34.27 350m: 3:51.35 34.88										
100m: 1:00.79 32.10 200m: 2:07.88 33.58 300m: 3:16.47 34.32 400m: 4:24.27 32.92										
13. FERNANDEZ ALPERI, Herminio	08	Nadamas			4:24.45	576	+0,75			
50m: 29.32 29.32 150m: 1:35.69 33.82 250m: 2:44.27 34.50 350m: 3:52.79 33.87										
100m: 1:01.87 32.55 200m: 2:09.77 34.08 300m: 3:18.92 34.65 400m: 4:24.45 31.66										
14. GONZALEZ NEGRIN, Ares	12	Teneteide			4:27.34	557	+0,71			
MMR										
50m: 29.21 29.21 150m: 1:36.28 33.68 250m: 2:45.56 34.71 350m: 3:55.05 34.33										
100m: 1:02.60 33.39 200m: 2:10.85 34.57 300m: 3:20.72 35.16 400m: 4:27.34 32.29										
15. GUILLEN PEÑA, Victor	02	Guia			4:27.36	557	+0,72			
50m: 29.93 29.93 150m: 1:35.71 33.23 250m: 2:43.00 33.68 350m: 3:52.79 35.37										
100m: 1:02.48 32.55 200m: 2:09.32 33.61 300m: 3:17.42 34.42 400m: 4:27.36 34.57										
16. COCERA CORDON, Unai	11	Metropole			4:28.47	550	+0,80			
50m: 29.55 29.55 150m: 1:35.96 34.00 250m: 2:46.28 35.17 350m: 3:56.25 35.05										
100m: 1:01.96 32.41 200m: 2:11.11 35.15 300m: 3:21.20 34.92 400m: 4:28.47 32.22										
17. SANTANA SARMIENTO, Miguel	83	C. Telde			4:28.91	548	+0,80			
50m: 31.70 31.70 150m: 1:39.78 34.09 250m: 2:48.55 34.31 350m: 3:57.22 34.20										
100m: 1:05.69 33.99 200m: 2:14.24 34.46 300m: 3:23.02 34.47 400m: 4:28.91 31.69										
18. CARRASCOSA HESTER, Tomas	04	Nadamas			4:32.66	525	+0,69			
50m: 29.67 29.67 150m: 1:36.78 34.44 250m: 2:48.46 35.98 350m: 4:00.80 36.19										
100m: 1:02.34 32.67 200m: 2:12.48 35.70 300m: 3:24.61 36.15 400m: 4:32.66 31.86										
19. CAPLLONCH DE UÑA, Ismael	07	Náutico TF			4:32.67	525	+0,76			
50m: 28.99 28.99 150m: 1:33.14 32.51 250m: 2:41.70 34.78 350m: 3:55.91 37.35										
100m: 1:00.63 31.64 200m: 2:06.92 33.78 300m: 3:18.56 36.86 400m: 4:32.67 36.76										
20. IZAGUIRRE NESSI, Anthony Xavier	11	Bentacu			4:34.92	512	+0,77			
50m: 31.18 31.18 150m: 1:40.22 35.18 250m: 2:50.65 35.25 350m: 4:01.90 35.14										
100m: 1:05.04 33.86 200m: 2:15.40 35.18 300m: 3:26.76 36.11 400m: 4:34.92 33.02										
21. PADRON MIGUELEZ, Nicolas Emiliano	11	Nadamas			4:35.05	512	+0,71			
50m: 30.65 30.65 150m: 1:39.40 34.98 250m: 2:49.94 35.17 350m: 4:00.51 35.29										
100m: 1:04.42 33.77 200m: 2:14.77 35.37 300m: 3:25.22 35.28 400m: 4:35.05 34.54										
22. NONATO ALVAREZ, Pablo	10	Teneteide			4:39.10	490	+0,82			
50m: 30.42 30.42 150m: 1:40.00 35.52 250m: 2:51.82 36.13 350m: 4:04.67 36.36										
100m: 1:04.48 34.06 200m: 2:15.69 35.69 300m: 3:28.31 36.49 400m: 4:39.10 34.43										
23. BORGIS, Rons	10	Teneteide			4:40.91	480	+1,48			
50m: 31.84 31.84 150m: 1:42.39 35.84 250m: 2:54.88 35.80 350m: 4:06.58 35.68										
100m: 1:06.55 34.71 200m: 2:19.08 36.69 300m: 3:30.90 36.02 400m: 4:40.91 34.33										
24. ESPÍRITU ONOZA, Zivon Owen	11	Bentacu			4:44.26	464	+0,62			
50m: 30.08 30.08 150m: 1:40.19 35.58 250m: 2:53.11 36.30 350m: 4:07.72 37.30										
100m: 1:04.61 34.53 200m: 2:16.81 36.62 300m: 3:30.42 37.31 400m: 4:44.26 36.54										
25. DÍAZ PÉREZ, Arión	10	C.N.L.P.			4:45.63	457	+0,86			
50m: 30.81 30.81 150m: 1:41.66 36.04 250m: 2:55.42 36.81 350m: 4:10.14 37.22										
100m: 1:05.62 34.81 200m: 2:18.61 36.95 300m: 3:32.92 37.50 400m: 4:45.63 35.49										

Prueba 38, Masc., 400m Libre, Absoluto masculino

Clasificación	AN								Tiempo	Pts	RT	
26.	RAMOS SUÁREZ, Aythami				12	Teneteide				4:56.35	409	+0,75
	50m:	31.78	31.78	150m:	1:46.84	38.14	250m:	3:04.24	38.48	350m:	4:20.69	37.72
	100m:	1:08.70	36.92	200m:	2:25.76	38.92	300m:	3:42.97	38.73	400m:	4:56.35	35.66
27.	CASTAÑEDA QUINTERO, Juan				12	Martianez				5:16.74	335	+0,87
	50m:	35.63	35.63	150m:	1:54.59	40.09	250m:	3:15.78	40.72	350m:	4:37.66	40.63
	100m:	1:14.50	38.87	200m:	2:35.06	40.47	300m:	3:57.03	41.25	400m:	5:16.74	39.08
28.	RAMIREZ DOMINGUEZ, Víctor				12	Metropole				5:18.14	330	+0,88
	50m:	34.74	34.74	150m:	1:54.09	40.31	250m:	3:15.35	40.29	350m:	4:38.26	41.29
	100m:	1:13.78	39.04	200m:	2:35.06	40.97	300m:	3:56.97	41.62	400m:	5:18.14	39.88
29.	DÍAZ EXPÓSITO, Alejandro				12	Teneteide				5:20.40	324	+0,81
	50m:	34.09	34.09	150m:	1:54.01	40.28	250m:	3:16.35	40.69	350m:	4:39.57	41.19
	100m:	1:13.73	39.64	200m:	2:35.66	41.65	300m:	3:58.38	42.03	400m:	5:20.40	40.83
30.	RAVELO CABALLERO, Sergio				12	C.N.L.P.				5:29.52	297	+0,78
	50m:	35.59	35.59	150m:	2:01.02	43.01	250m:	3:25.91	41.81	350m:	4:49.93	42.37
	100m:	1:18.01	42.42	200m:	2:44.10	43.08	300m:	4:07.56	41.65	400m:	5:29.52	39.59
31.	SANCHEZ RODRIGUEZ, Adrián				12	Nonadamos				5:31.20	293	+0,76
	50m:	37.27	37.27	150m:	2:02.45	42.97	250m:	3:27.04	41.48	350m:	4:50.97	42.31
	100m:	1:19.48	42.21	200m:	2:45.56	43.11	300m:	4:08.66	41.62	400m:	5:31.20	40.23
32.	VEGA RODRÍGUEZ, Alejandro				13	Dominicas				5:33.30	287	+0,74
	50m:	37.81	37.81	150m:	2:03.59	42.83	250m:	3:28.08	41.28	350m:	4:53.83	42.93
	100m:	1:20.76	42.95	200m:	2:46.80	43.21	300m:	4:10.90	42.82	400m:	5:33.30	39.47